



The Syringe

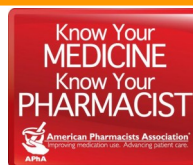


- Delivering your monthly dose of news and events for **UT APhA ASP**

Celebrating American Pharmacists Month

October is the month to celebrate our future profession! Whether it's the family pharmacist you grew up with, the reference you used for admission, or an acquaintance through service

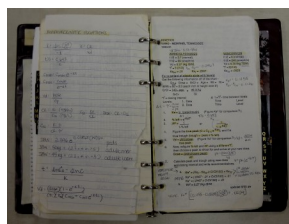
events; take the time to thank a pharmacist for all they offer to the profession and the community!



Building Your Peripheral Brain

What goes in your lab jacket when you attend a service event, go on rotations, or work at your internship? Knowing that there is only so much info we can assimilate at a time, what do we do when we can't recall everything off the top of our heads like seasoned faculty and preceptors? The "Peripheral Brain" is an old concept that many of the newer students may or may not be familiar with. In more simpler times, before smart phones and handheld gadgets, individuals created their own collection of clinical pearls and reference materials. Even the creative process alone helped solidify information for later recall. APhA-ASP service events are a great opportunity to begin creating your own method of a peripheral brain. Jot down notes before, during, and after an event. Did a question come up that you weren't prepared to answer? Did the patient have to wait while you tapped through your smart phone

application? On rotations, are their kinetic equations that you always want to double check? As time progresses, you may refer less and less to your peripheral brain, and it will become more of a sentimental souvenir for you to cherish in later years. Start early, even as a P1, creating a method of quick reference, and keep it in easy reach. Whether you use newer technology or a small notebook, begin to collect vital information that may help you throughout your professional career.



-Photo courtesy of Dr. Andrea Franks-

Tournaments and Competitions

Now is the time to compete! Your chapter has an exciting line-up of events, both fun and serious. Come support one of the chapter's main fundraising events, the Annual PARscription Golf Tournament. Have fun, as both campuses host bowling tournaments. Then test your skills in this year's Annual Clinical Skills Competition. Save the dates, and don't forget to sign up!



Contact
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Happenings

KNOXVILLE CAMPUS

October 16th

APhM

Painting the Rock

October 19th

APhA-ASP Knoxville

Bowling Tournament

MEMPHIS CAMPUS

October 4th

PARscription Golf

Tournament

Stonebridge Country Club

October 20th

APhA-ASP Memphis

Bowling Tournament

MEMPHIS

and KNOXVILLE

October 1st—31st

American Pharmacists Month

October 5th

Chapter Meeting

Knoxville only -Group Picture, everyone wear

Red APhM Shirt

October 24th and 26th

Clinical Skills Competition

Oct 10th Sign-up Deadline

utclinicalskillscompetition

@gmail.com

October 28-30th

MRM, Orlando

March 9-12th

Annual Meeting, New Orleans

Numerous Service Events

Both campuses, please watch your email and visit the website often to stay abreast of all we are offering!

Visit www.utasp.org for specific times, locations, and updates